

Dance and Movement

Morning Program for Homeschool Students!



**Now Enrolling for the
2018-2019 School Year!**

Inland Pacific Ballet Academy has teamed up with Inspire Charter Schools to offer a rich and fulfilling daytime program that combines academics and dance for Inspire Charter Homeschool students. Program includes a two-hour Academic Workshop and arts enrichment classes in a dance lab setting that includes a technique class, conditioning and rehearsal for a classical ballet, contemporary or Broadway performance. Convenient morning class sessions combine socialization time, check-in with your academic advisor, and dance training all at one location.

- Discover the joy of dance and movement
- Explore personal artistic expression
- Socialize with peers in a group setting
- Academic Workshop with a credentialed teacher
- Dance instruction with top industry professionals
- Comfortable waiting area and Starbucks nearby



Program Overview

Days: Monday and Wednesday
 Time: 9:00 am - 2:00 pm
 Activities: 2 hours of Academic Workshop *plus* 2.5 hours of Dance Lab

BALLET TECHNIQUE

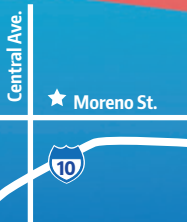
classic barre and center work which develops poise, good posture, coordination, discipline, and confidence

CONTEMPORARY DANCE

floor work, creative movement, group skills, and problem solving which develops strength, creative thinking, and communication with others through non-verbal cues

BROADWAY SKILLS

develops self-confidence and stage presence while acting, singing, dancing and performing (includes tap, jazz, hip-hop dance)



For Questions / Enrollment Information:

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Since 1991
IPBallet.org



ACE: Athletics, Conditioning & Engineering

Morning Enrichment Program for Homeschool Students!



Now Enrolling for the 2018-2019 School Year!

IPB Academy in partnership with Inspire Charter Schools is offering a new daytime enrichment program during the 2018-2019 school year focusing on Athletics, Conditioning and STEM activities that include science, technology, engineering and mathematics. Program includes a two-hour Academic STEM Workshop and two hours of athletic training and conditioning using ladders, hoops, hurdles, cones, physio balls, and indoor sports balls. Convenient morning sessions combine socialization time, check-in with your academic advisor and sports training all at one location.

- Explore a variety of sports skills
- Athletic Coaches
- Sports master classes
- Academic STEM Lab with a credentialed teacher
- Socialize with peers in a group setting
- Comfortable waiting area and Starbucks nearby



Program Overview

Days: Monday and Wednesday
 Time: 9:00 am - 2:00 pm
 Activities: 2 hours of Academic Enrichment *plus* 2.5 hours Athletics/Conditioning

ATHLETICS

sports training, injury prevention, principles of teamwork and individual player development

CONDITIONING

Daily stretch and strength training to develop balance, agility, movement skills and hand-eye coordination

ACADEMIC ENRICHMENT

Hands-on manipulatives and experiments in science, technology, engineering and mathematics.

